



Proud to be part of  
Bilton Community Federation



Adventure is worthwhile

~ Aesop



10th November 2023

# BULLETIN

The weekly newsletter to keep you updated with the highlights of the school week

# Headlines

Points of Interest

Odd Socks Day

Monday 13th  
November

Non Uniform Day  
Children in Need

Friday 17th  
November

Dear All,

I have a change of scenery as I write this newsletter today. I am currently at Rock UK Frontier Centre on the Year 6 residential. You may have seen on Facebook some of the great activities that the children have been doing. We have been so impressed with how the children have persevered and encouraged each other with challenges. It has been a real pleasure to spend time with such a happy and fun group of year 6 (even if I am a little sleep deprived!). I am sure you will be aware that it takes a lot of organising to take three large classes on a trip like this and I would like to say a big thank you to the wonderful team at BJS who have made this great residential happen.



Assemblies earlier in the week focused on our school value of 'kindness'. Kindness plays a significant role in creating a positive and nurturing school environment at BJS and helps children to develop positive and healthy relationships across the school community. We know that encouraging kindness can help prevent negative behaviours and contributes to positive emotional well-being. When children are kind to one another, it creates a supportive and compassionate atmosphere. This was seen during Tuesday's online assembly when the children wrote kindness messages to their peers. We also welcomed Reverend Glenn to our assembly on Wednesday, who talked to the children about the importance of kindness. He retold the fable of the Mouse and the Lion, which the children really enjoyed.

Next week's Anti-Bullying Week will be a great opportunity to raise awareness about the impact of bullying and further promote kindness and empathy. The theme is 'Make A Noise About Bullying'. We would like to support this by encouraging our school community to wear odd socks to school on Monday 13th November.



We will also be supporting Children in Need this year, we will be having a non school uniform on Friday 17th, we would love a donation of £1 per child if possible. Thank you in advance for your support.

Wishing you all a wonderful weekend

Rebecca Ross  
Head of School

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Facebook: BiltonCofEJNR/

# Celebrations

Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

## Learner of the week

**3HN Megan** For her determination and perseverance in her English lessons this week

**3AL Amelia** Always giving her best in every lesson

**3ED Freddie M** For making great contributions to class discussions in all lessons

**4EL Daniel** For his positive attitude and enthusiasm in all subjects

**4SM Zakary** for enthusiastic participation and super effort in all subjects

**4SS Lena** For her determination and positive attitude in Maths

**5JB Amelie** For always working hard

**5MB Eden S** For enthusiasm, participation and effort

**Mme Jago Year 5** For following instructions consistently, taking pride in their work and so making their books a joy to mark!

Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

Thank you from all @ BJS



**3HN Ethan** For showing kindness to others and sharing his book with others in the class

**3AL Lillian** For being resilient and coping well with change

**3ED Maisie F** For always being kind and helpful

**4EL Evie-Mai** For showing kindness to others and always offering to help with tasks

**4SM Tania** For being a kind and thoughtful member of the class

**4SS Casey** For being such a wonderful role model and supportive friend

**5JB Gursahib** For showing random acts of kindness towards his classmates

**5MB Matthew W** For showing kindness by supporting a classmate with their learning

**Mme Jago Oscar 4S** For kindness and perseverance - always being willing to tackle a challenge.



# School activities



## Rock UK

**Year 6 had an amazing time at their residential this week.**





# Notices



the national  
**sleep**  
helpline

## Want to know more about sleep?

ASK US THE QUESTIONS YOU WANT ANSWERS TO

**03303 530 541**  
Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am



**ANTI-BULLYING ALLIANCE**  
**ODD SOCKS DAY**  
**MONDAY 13TH NOVEMBER**

Odd Socks Day is designed to be fun!  
It marks the start of Anti-Bullying Week.

It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

We look forward to seeing the interesting sock combinations that our children choose for the day!

**BBC CHILDREN IN NEED**

## NON UNIFORM DAY 17TH NOVEMBER



**Suggested donation £1**

If your child has PE please make sure they wear appropriate clothes and footwear

**REMINDER**

Braiswick are in on Monday morning to take school photos

**Braiswick Photographic Co Ltd**

23rd Nov 19:00 hrs (GMT)

Parent Webinar: Creating a Safe Digital Playground for Your Child  
by **natterhub**  
for parents of children aged 5-11 years



FREE Webinar: Creating a Safe Digital Playground for Your Child

In support of Anti-Bullying Week, the online safety experts at Natterhub are hosting a FREE webinar for parents of 5-11 year olds. With a focus on Cyberbullying, it is an ideal opportunity to pick up practical tips and strategies for keeping your child safe and healthy online.

[https://www.youtube.com/watch?v=8\\_9mhZx8-ZE](https://www.youtube.com/watch?v=8_9mhZx8-ZE)

**I have the freedom and choice to be ambitious for my future**



# Notices



## Wreath making

29th November- Limited spaces available  
 6th December - Lots of availability at present  
 7pm till 9pm in school  
**£35 per ticket**

Your ticket will include:  
 A mince pie and 1 drink

All you need to make a wreath including ribbon

There will be an instructor to guide you through the process  
 Extra decoration can be purchased on the night.

Limited spaces so this will be a first come first served basis  
 Email the [pta@biltonjuniorschool.co.uk](mailto:pta@biltonjuniorschool.co.uk)  
 to book a ticket



Examples of wreaths made before



## STALL HOLDERS WE NEED YOU FOR OUR

FESTIVE CHRISTMAS

# FAYRE

THURSDAY 7TH DECEMBER  
 3.45 - 5.30PM

Please email [pta@biltonjuniorschool.co.uk](mailto:pta@biltonjuniorschool.co.uk)  
 to book your place

£10 FOR A TABLE AND A DONATION OF A PRIZE FOR OUR RAFFLE



## Activity planning meeting

15th November

7pm Fighting Cox Pub

We look forward to seeing you there

Please email [pta@biltonjuniorschool.co.uk](mailto:pta@biltonjuniorschool.co.uk)  
 if you need any more information

## RISE MHST

Mental Health in Schools Team (MHST)  
 Parent/Carer Tips for Wellness:  
**MANAGING ANXIETY AROUND SCHOOL**

School is a place where young people often experience anxiety for several reasons. Some people may worry about making friends or fitting in, have difficulty understanding school work, or feeling exam pressure.

**School-Related Anxiety Warning Signs:**

- Not sleeping well
- Feeling sick or complaining of butterflies in their stomach
- Not wanting to get out of bed in the morning
- Increased anger or upset at school or home

More information about self-soothe boxes!

It is common that young people show symptoms of school-related anxiety in evenings or early mornings before school. The first step to supporting your child is to understand what is causing these feelings.

**Top tip:** Some children may find it difficult to be asked direct questions about their feelings. Try creating a mind map with them about school, including everything that is on their mind.

**Strategies to Try at Home:**

- Keep a record of patterns in behaviours to share with the school's Mental Health Lead
- Create a self-soothe box with items that your child finds relaxing
- Breathing exercises
- Create a morning routine
- Recognise small achievements

I have the freedom and choice to be ambitious for my future



# Dates and Contact Details

## School Diary Dates 2023/24

### Autumn Term 2023

School Closes at 3.30 Friday 22 December

### Spring Term 2024

Teacher Training Day Monday 8 January 2024

School Opens Tuesday 9 January 2024

Half Term Monday 12 February - Friday 16 February

School Closes at 3.30 Friday 22 March

### Summer Term 2024

School Opens Monday 8 April

May Bank Holiday Monday 6 May - school closed

Half Term Monday 27 May - Friday 31 May

Teacher Training Day Monday 3 June

School Closes at 3.30 Friday 19 July

## Key Information

### School times

School gates open at 8.30am

Doors open at 8.40am

School starts at 8.50am

School closes at 3.30pm

Any child arriving after this time is late and will be marked as such.

If your child is ill or going to be absent please email [absent@biltonjuniorschool.co.uk](mailto:absent@biltonjuniorschool.co.uk) with your Child's NAME AND CLASS with the reason for their absence

### School contact details

Office hours are 8.30 - 4.30 each day by phone or email

If you feel you need to meet with a teacher face to face please email the school office [office@biltonjuniorschool.co.uk](mailto:office@biltonjuniorschool.co.uk)

If you need to talk with a teacher over the phone or have a general enquiry for them please email [office@biltonjuniorschool.co.uk](mailto:office@biltonjuniorschool.co.uk).

Our teachers are busy with your children in the classrooms all day, however, they will get back to you as soon as possible

If you would like to share concerns or contact Mrs Smith our Home/School Support worker, please call the office, pop into school or email her directly on [homeschoolsupport@biltonjuniorschool.co.uk](mailto:homeschoolsupport@biltonjuniorschool.co.uk)

If you have specific feedback you would like to give us please email us on [feedback@biltonjuniorschool.co.uk](mailto:feedback@biltonjuniorschool.co.uk)

School policy information can be found here: <http://www.biltonjuniorschool.co.uk/policies>

## How can you help your PTA?



**VOLUNTEERS  
NEEDED**

Are you able to help with any of the following:

- Ideas for fundraising
- Support shopping
- Organising raffles
- Sorting tombola prizes
- Helping at events

Please email: [pta@biltonjuniorschool.co.uk](mailto:pta@biltonjuniorschool.co.uk)

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