



Proud to be part of  
Bilton Community Federation



**Let us always meet each other with smile  
~ Mother Teresa**



**20th October 2023**

# BULLETIN

The weekly newsletter to keep you updated with the highlights of the school week

# Headlines

## Points of Interest

### PTA Meeting

15th November  
7pm Fighting Cocks Pub  
All are welcome

### PTA Wreath making

29th November  
or 6th December  
See page 3 for more details

Dear All,

The week started with a really interesting assembly about allergy awareness. A big thank you to Mrs. Hopkins for educating the children about allergies and allergens. She provided valuable information about safe eating practices and why we are careful about nut products, among other allergens. It was also interesting to learn about the signs to look for when someone may be experiencing an allergic reaction and what to do to help in such situations. This is so important in such a busy and big school and we really appreciate her coming in to do this.



At BJS, we are fortunate to have great opportunities for our children to connect with people in our community. Every week, students from Rugby School join us to work alongside our pupils. They are excellent role models, and our children respond positively to working with them. This week, they've been actively involved in listening to children read, supporting them in their learning, and encouraging them to take on new challenges. It's always a pleasure to have these students with us, and we look forward to building on this collaboration.

We have several exciting projects in progress at our school. One of them is the creation of a Peace Garden. This garden will be a wonderful space for quiet and reflective moments, featuring a sensory garden, seating areas, and creative spaces. We are currently exploring fundraising opportunities to bring this vision to life, and we'll be sure to share these opportunities with you soon. The Peace Garden will be an amazing addition to our school grounds, and we can't wait to see it develop.

We had a productive PTA AGM this week and we are really excited to have some new parents as part of the team and there are lots of great ideas for future fundraising events.

Thank you for your continued support. Have a lovely weekend.

Mrs Ross

Head of School

Plantagenet Drive, Rugby, CV 22 6LB

Email:

[office@biltonjuniorschool.co.uk](mailto:office@biltonjuniorschool.co.uk)

Website: [biltonjuniorschool.co.uk](http://biltonjuniorschool.co.uk)

Facebook: [BiltonCofEJNR/](https://www.facebook.com/BiltonCofEJNR/)

# Celebrations

Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

## Learner of the week

3HN Manny For his fantastic tracking in all his lessons  
 3AL Charlie Excellent work in maths  
 3ED Lillian For a beautifully written letter

4EL Amieliia For her hard work and resilience in our PE lessons  
 4SM Alec For his amazing effort on Spelling Shed and TTRS  
 4SS Isaac for smashing his AR reading target - amazing!

5LM Ava B For producing a brilliant and creative narrative  
 5JB Freddie For making superb contributions to class discussions  
 5MB Zoe S For working hard to produce fabulous writing

6LC Casey S For excellent independent work in maths  
 6KC Remi For her work on division  
 6NV George C For an excellent dramatisation of the Sergeant's speech in Private Peaceful

Mme Jago Violet L 4SM For always doing her very best, producing a great book and fantastic work

Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

Thank you from all @ BJS

YOU are the  
**LIGHT**  
 of the WORLD


3HN Leon For considering others in his PE lesson  
 3AL Lexa For always showing kindness and respect  
 3ED Primrose For always being respectful and kind and helpful to others

4EL Emily For being a respectful and kind friend  
 4SM Jaymee For being a kind and respectful member of the class  
 4SS Jude V For being a respectful and helpful member of the class

5LM Alanah For respectfully tracking when any adult is talking  
 5JB Eevee For being a respectful member of BJS  
 5MB Isabelle For being a respectful and helpful class member

6LC Niko K For being respectful and polite  
 6KC Nisha For being a respectful and kind member of the class  
 6NV Maggie For being a respectful and kind member of the class

Mme Jago Elise M, Hanna, Casey, Henry 6LC For being kind and respectful of the school site and equipment, picking up equipment from around the field before track time.



# In school activities



## Allergy Awareness assembly

On Monday we had a very informative assembly about safe eating practices and what it means to have an allergic reaction to certain things.

Thank you Mrs. Hopkins for helping us all to understand this in a lot more detail.

# Notices



**STALL HOLDERS  
WE NEED YOU  
FOR OUR  
FESTIVE CHRISTMAS  
FAYRE**

**THURSDAY 7TH DECEMBER  
3.45 - 5.30PM**

**Please email  
pta@biltonjuniorschool.co.uk  
to book your place**

**£10 FOR A TABLE AND A  
DONATION OF A PRIZE  
FOR OUR RAFFLE**





**Wreath making**  
29th November and the 6th December  
7pm till 9pm in school  
**£35 per ticket**  
Your ticket will include:  
**A mince pie and 1 drink**  
**All you need to make a wreath including  
ribbon**

There will be an instructor to guide you through the process  
Extra decoration can be purchased on the night.

Limited spaces so this will be a first come first served basis  
Email the [pta@biltonjuniorschool.co.uk](mailto:pta@biltonjuniorschool.co.uk)  
to book a ticket



*Examples of wreaths made before*



## PTA ROLES

Following our PTA AGM on Wednesday we are pleased to announce that the following positions have now been filled

**Chair – Nicola D  
Secretary – Amy F  
Treasurer – Kerry C**

**Vice Chair – Post to be filled if possible, if you are interested in supporting the team in this role please contact  
pta@biltonjuniorschool.co.uk**

**Vice chair**

- Supports the chair in their role
- Takes over responsibility in the absence of the chair
- The role involves working closely with the chair in their work



**What Parents & Carers Need to Know about EA SPORTS FC 24**

**RECURRING RELEASES**  
EA Sports FC 24 effectively puts up the PTA's long-term...  
**OFFENSIVE VOICE CHAT**  
PFA 24 introduces a new...  
**IN-GAME PURCHASES**  
In PFA Ultimate Team...  
**CONTROL SPENDING**  
If your child enjoys EA Sports FC 24...  
**DEFEND AGAINST SCAMMERS**  
EA offers contact players via email...  
**SHOW TOXIC CHAT THE RED CARD**  
Playing EA Sports FC 24 with friends...  
**CELEBRATE THE VARIETY**  
Ultimate Team may be the game's 'star player'...  
**Meet Our Expert**  
Liam...  
**NOS National Online Safety**  
WakeUpWednesday

**I have the freedom and choice to be  
ambitious for my future**

# Notices



## Parent Webinar: Creating a Safe Digital Playground for Your Child.

The online playground can be a tough environment for primary-aged children. Inspired by World Mental Health Day and Anti-Bullying Week, this term's webinar will unite educators and parents to prepare children for the digital world.

We invite schools and parents to register for free access to our live webinar on

**Thursday, 23rd of October at 7pm (GMT)**

<https://natterhub.com/online-safety-parent-webinar>



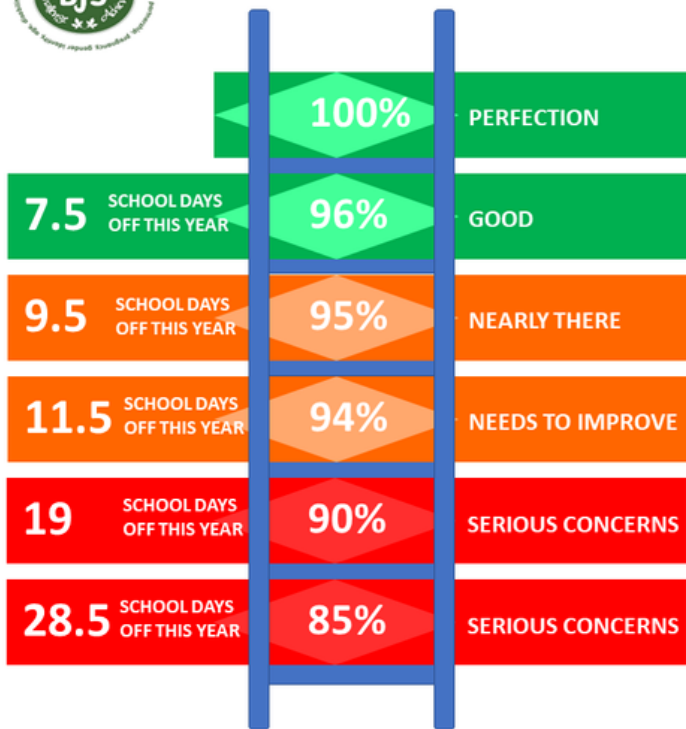
## Burns Awareness

A burn injury is for life. The scars are physical as well as psychological, and can present life-long challenges for the individual and their families.

<https://cbtrust.org.uk/get-informed/causes-of-burns-and-preventions/hot-drinks/>

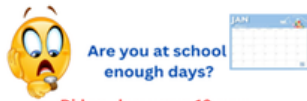


## ATTENDANCE LADDER



**Are you getting to school on time?**  
Did you know?

5 minutes late every day = 15 hours a year = 3 days of learning  
10 minutes late every day = 30 hours a year = 6 days of learning  
15 minutes late every day = 45 hours a year = 9 days of learning  
20 minutes late every day = 60 hours a year = 12 days of learning  
25 minutes late every day = 75 hours a year = 15 days of learning



**Are you at school enough days?**  
Did you know over 13 years:

1 day every 2 weeks = 20 days = 4 weeks a year = nearly 1.5 years  
1 day a week = 40 days = 8 weeks a year = over 2.5 years  
2 days a week = 80 days = 16 weeks a year  
3 days a week = 120 days = 24 weeks a year



## Family Information Service - 'Out of Hours Service'

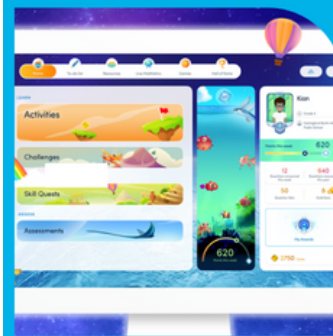
Citizens Advice in Warwickshire are now operating an out of hours phone service on Monday evenings from 5-7pm. This is to enable access to our service for people who are unable to contact us during the day.

The freephone number is 0800 995 6047

## Mathletics

FOR OUR YEAR 5 AND YEAR 6 CHILDREN

### WHAT IS IT ALL ABOUT?



**M** Mistakes spotted and children receive immediate feedback

**A** Automated marking helps to show areas of support needed

**T** Tasks that blend different rewards to keep children motivated

**H** Helps students build strong skills through the Understanding, Practice and Fluency (UPF)

**S** Helps students build strong skills through the Understanding, Practice and Fluency (UPF)

**I have the freedom and choice to be ambitious for my future**



# Notices



## Mental Health in Schools Team (MHST)

### Tips For Wellness:

#### SLEEP

Sleeping well gives our bodies time to rest and repair. It can help us to be better learners, support our emotional wellbeing and help our immune system. So what happens when we don't get a good night's sleep? We can feel tired, struggle to focus, experience changes to appetite, and feel generally cranky. We might also feel more anxious or low than normal.

#### Our tips for sleeping well:

1- Make sure you are in a **quiet, dark room** and **reduce distractions** as much as possible.

2- **Exercise** during the day improves our sleep! Try not to exercise 90 minutes-3 hours before bed, as this can actually make us feel more awake.

3- Do something **relaxing** before bedtime, e.g., read a book, listen to a podcast, practice self-care, or do some mindfulness.



More tips for relaxing before bedtime

4- If you want a hot drink in the evening, try drinking something milky or herbal and **avoid caffeine** (e.g., tea and coffee). Caffeine stays in our body for many hours and can stop us from feeling ready to sleep!

5- Try to **switch off electronic devices** before bedtime, the blue light from the screen can decrease melatonin in our body which negatively affects our sleep pattern (melatonin is a hormone that helps us to get to sleep and wake up!)

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! [thankskids@covwarkpt.nhs.uk](mailto:thankskids@covwarkpt.nhs.uk)

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.



## Holiday Activities & Food (HAF) Programme

The Holiday Activities & Food (HAF) Programme has re-launched their website. Visit their page to find out more about the programme, including how to request a HAF code. You can also view their new promotional video, filmed during Summer 2023 HAF activities across Warwickshire.

In brief, the HAF Programme is funded by the DfE to deliver enriching activities and delicious meals during the three main school holidays - Winter, Spring and Summer. Any young person in full time education (Reception - Year 11) who is in receipt of benefits-related free school meals is eligible for a HAF code. With this HAF code, you can book up to 4 sessions during Winter and Spring HAF and 16 sessions during Summer HAF! The next HAF delivery period will be Winter and runs from Tuesday 2nd January - Friday 5th January 2024. Activity listings will go live on Tuesday 28th November 2023 via the HAF website, so stay tuned!

<https://searchout.warwickshire.gov.uk/holidays-activities-food-haf>



The council, along with partner organisations, offer direct support, and signposting to a wide variety of information and services, to people who may be struggling with their finances.

The online resource [www.costoflivingwarwickshire.co.uk](http://www.costoflivingwarwickshire.co.uk) brings much of this together in one place to make it easier for people to find the information they need.



## Mental Wellbeing

The Mental Health Schools Team Page is now available on the school website.

It contains all of the MHST posters that you will also find in the bulletin on a regular basis.

We thought you might also like to be able to access them separately too:

<https://www.biltonjuniorschool.co.uk/mhst-advice-and-information/>



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# Activities

**BONFIRE & FIREWORK DISPLAY**

Friday 3rd November  
Alwyn Road Recreational Ground,  
Alwyn Road, Bilton.

**Strictly NO SPARKLERS!**

Gates Open 6.30pm  
Fireworks 7.30pm  
Bonfire 8.00pm

**Get your Discounted Advance Tickets NOW:**

Adults £4  
Children £3 (under 3's FREE)  
Family £15 (5 people)

Gate price tickets:  
£5 each  
Under 3's FREE  
Family (up to 5 people) £20

Licensed Bar,  
Hot Dogs, Burgers  
Cold Refreshments

SPONSORED BY

RFSS  
RUGBY FOOTBALL CLUB

Tickets from: Angie Creswell  
Group Scout Leader  
t: 07385 179123  
e: Ticketorders.7thfireworkevent@gmail.com

**This is a Community Event, ALL WELCOME!**

Organised & run by the 7th Bilton Scout Group as a fundraiser for the group. Charity number: 524596

**October Skills & More Activity Camps!**

brought to you by SKILLS and MORE... a Career Seekers Direct (based in Hatton) initiative



Calling all active 4 to 12 Year Olds!

Monday 30th October to Friday 3rd November!  
9 am to 4pm each day!  
At Central Ajax Football Club, Warwick, CV35 8HA.

Choose from our range of camps including:

- Football Camps
- Multi Activity Camps
- Nature Camps

OR

**Our brand new Creative Minecraft Camp\***  
\*31st Only

Only £35 Per Day!  
Incs drinks & snacks

CHILD CARE VOUCHERS ACCEPTED

Payment required at least 24 hours before attendance

BOOK ONLINE TODAY

We cater for everyone's ability. With fantastic indoor and outdoor facilities, even if the weather is bad we have lots of indoor activities.

[www.skillsandmore.co.uk](http://www.skillsandmore.co.uk)

skillscamps @skillsandmoreholidayclub @skillsandmore

**OCTOBER HALF TERM HOLIDAY CLUB**

**MONDAY 30<sup>TH</sup> OCT – FRIDAY 3<sup>RD</sup> NOV 2023**

0900-1600 - £15 PER DAY PER

**!!! BOOK NOW !!!**

RING / EMAIL FOR MORE INFORMATION

BILTON JUNIOR SCHOOL

**AK**

**COACHING**

- Football ● Tag Rugby ● Frisbee ● Dodgeball ● Basketball ●
- Netball ● Hockey ● Tennis ● Cricket ● Rounders ●

**PLUS, PLENTY OF OTHER FUN GAMES**

Activity packed programme to suit **BOTH** boys and girls of **ANY ABILITY** who are interested in a **VARIETY** of sports!  
Activities will be **FUN** whilst teaching skills of the games and how to improve how to play them!

"My children love the Holiday clubs that AK coaching run. The fantastic coaching has got them playing sports and games, they wouldn't have considered before."

"I cannot recommend this company enough in regards to variety and safely ran activity for kids."

07725 876612  
AKCOACHING2020@GMAIL.COM



**Action packed half-term programme at Warwickshire's Country Parks**

Children across Warwickshire have an exciting and action-packed programme of events to look forward to, including spooky Halloween frights, at Warwickshire's Country Parks this coming half-term.

<https://countryparks.warwickshire.gov.uk/news/article/20/action-packed-half-term-programme-at-warwickshire-s-country-parks>



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# Dates and Contact Details

## School Diary Dates 2023/24

### Autumn Term 2023

**Half Term Monday 30 October – Friday 3 November**  
**Teacher Training Day Monday 6 November**  
**School Closes at 3.30 Friday 22 December**

### Spring Term 2024

**Teacher Training Day Monday 8 January 2024**  
**School Opens Tuesday 9 January 2024**  
**Half Term Monday 12 February – Friday 16 February**  
**School Closes at 3.30 Friday 22 March**

### Summer Term 2024

**School Opens Monday 8 April**  
**May Bank Holiday Monday 6 May – school closed**  
**Half Term Monday 27 May – Friday 31 May**  
**Teacher Training Day Monday 3 June**  
**School Closes at 3.30 Friday 19 July**

## Key Information

**School times**  
School gates open at 8.30am  
Doors open at 8.40am  
School starts at 8.50am  
School closes at 3.30pm

Any child arriving after this time is late and will be marked as such.

If your child is ill or going to be absent please email [absent@biltonjuniorschool.co.uk](mailto:absent@biltonjuniorschool.co.uk) with your Child's NAME & CLASS with the reason for their absence

### School contact details

Office hours are 8.30 - 4.30 each day by phone or email

If you feel you need to meet with a teacher face to face please email the school office [office@biltonjuniorschool.co.uk](mailto:office@biltonjuniorschool.co.uk)

If you need to talk with a teacher over the phone or have a general enquiry for them please email [office@biltonjuniorschool.co.uk](mailto:office@biltonjuniorschool.co.uk).  
Our teachers are busy with your children in the classrooms all day, however, they will get back to you as soon as possible

If you would like to share concerns or contact Mrs Smith our Home/School Support worker, please call the office, pop into school or email her directly on [homeschoolsupport@biltonjuniorschool.co.uk](mailto:homeschoolsupport@biltonjuniorschool.co.uk)

If you have specific feedback you would like to give us please email us on [feedback@biltonjuniorschool.co.uk](mailto:feedback@biltonjuniorschool.co.uk)

School policy information can be found here:  
<http://www.biltonjuniorschool.co.uk/policies>

## How can you help your PTA?



## VOLUNTEERS NEEDED

Are you able to help with any of the following:

Ideas for fundraising  
Support shopping  
Organising raffles  
Sorting tombola prizes  
Helping at events

Please email: [pta@biltonjuniorschool.co.uk](mailto:pta@biltonjuniorschool.co.uk)

## WHEN BUYING GIFTS AND MORE



Just visit your favourite retailers through the easyfundraising website and the shop as normal.

Once you've made a purchase our retailers will then make a small donation to your cause to say "thank you".



shop Disney

ASDA groceries



SPORTS DIRECT.COM

<https://www.easyfundraising.org.uk/causes/biltonjunior/>



SCAN ME

I have the freedom and choice to be  
ambitious for my future

