



Proud to be part of
Bilton Community Federation

"Make each day your masterpiece."

- John Wooden



3rd July 2026

BULLETIN

Headlines

Dear Parents and Carers,

What a difference a week makes! Thankfully, this week has been much cooler than last week's exceptionally high temperatures, making school life much more comfortable for everyone.

I would like to start by saying a huge thank you to all of our families for your flexibility, understanding and support during the partial school closure. We really appreciated your quick responses to our online survey, which helped us make decisions as efficiently as possible. Your cooperation and kindness throughout the week were greatly valued. Although temperatures are expected to rise again next week, they are thankfully not forecast to reach the extreme levels we experienced recently, so we are hopeful that school can continue as normal.

Thank you to everyone who came along to support our Sports Morning. It was wonderful to see so many families cheering the children on and helping to create such a positive atmosphere. A very special thank you goes to Miss Mistry and Mrs Wilson-Shrubb, who worked incredibly hard to organise such a fantastic event. We are also very grateful to our wonderful PTA for providing refreshments.



With 435 children taking part and hundreds of parents joining us, organising an event of this size is no easy task! While no event is ever completely perfect, I hope you will agree that Team BJS did an amazing job. The morning was filled with smiles, laughter, encouragement and plenty of energy. Most importantly, it was wonderful to see every child giving their best, showing resilience, determination and excellent sportsmanship. We are incredibly proud of them all.

We are looking forward to welcoming as many of you as possible to our Summer Fair today. Thank you for your generosity in donating prizes for the tombola and to everyone who has volunteered their time to help make the event such a success. Events like these are only possible with the support we receive from our school community, and we are so grateful for everything you do.

I can hardly believe that we only have two weeks left until the end of the school year! There is still so much to look forward to, with lots of exciting events and celebrations planned before we break up for the summer. As always, thank you for your continued support, encouragement and partnership.

I hope you all have fun at the summer fair.

Mrs Ross
Head of School

Term ends
Friday
17th July

Plantagenet Drive, Rugby, CV 22 6LB

Email:
office@biltonjuniorschool.co.uk

Website: biltonjuniorschool.co.uk

Facebook: [BiltonCofEJNR/](https://www.facebook.com/BiltonCofEJNR/)

Celebrations

Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

Learner of the week

Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

3HN Alfie For your hard work on your Tadeo Jones diary entry

3LD Mayra For working hard this week and every week

3RY Oliver P For putting in a lot of effort into his English - Tadeo Diary entry

3TP Harry B For trying really hard during sports day and always giving his best effort

4EL Hope For the fabulous progress she has made this year

4SR Jessica For working hard on her description of Victorian prisons

4SS James H For always giving each lesson his very best

5LM Primrose For brilliant contributions on key themes during English

5MB Hugh B For working hard on his dragon description

5PA Isabella For working hard and maintaining her focus

6LB Jayda For your consistent hard work and enthusiasm in school

6KC Nawaz For excellent attitude towards learning

6NV Katerina For creating a super sketch of our magistrates court scene on Monday.

Inspire Challenge Achieve Inspire Challenge Achieve Inspire Challenge Achieve

Thank you from all @ BJS



3HN Samuella For your wonderful sportsmanship
3LD All of 3LD For excellent co-operation and team work

3RY James For being co-operative and helping Ami settle in

3TP The 3TP Relay Teams For fantastic co-operation and teamwork

4EL Ali For being kind and supportive during last week's heatwave

4SR Levii For his excellent cooperation and kindness

4SS Nzinga For his excellent teamwork, creating a brilliant adventure story inspired by Robin Hood

5LM All of 5LM For your excellent co-operation skills yesterday, before, during and after sports morning

5MB Joshua J For always working well with others.

5PA Leon For demonstrating excellent teamwork and friendship

6LB Hollie For your effort to bring people together to tidy the field on sports day

6KC Enoch For great effort on sports day

6NV Sam For showing excellent co-operation when creating props for the play

Sports Day Fun



Notices



Mental Health in Schools Team
Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Persistence

Persistence is all about keeping going, even when times are challenging. It is normal to want to give up when you are going through something difficult, but if you can stick with it and overcome the obstacles, you will be closer to achieving your goals.

Having a **growth mindset** will help us persist, which means you believe you can learn, grow and develop your skills by putting in the hard work and practise. This can be tricky, so make sure you reach out to friends and trusted adults to support you.

Our tips for persistence:

- 1. Break the goal down into smaller steps.** You can set yourself smaller goals that are more achievable, to help you reach your ultimate goal. Make sure the smaller goals are linked to your ultimate goal; this may help to encourage you to keep going, as you will be able to measure your progress.
- 2. Try something new** – this could be a new hobby, sport, craft activity, or puzzle. Having a go at something new can help to develop your persistence, whilst also having fun. You might find it challenging at first, but you will receive a greater sense of reward and achievement by sticking with it!
- 3. Positive self-talk** – instead of saying "I can't", add "yet" onto the end of the sentence. This tells your brain that it might be difficult, but you will get there in the end.
- 4. Talk to yourself like a friend** – we are often kinder to our friends than we are to ourselves, when we go through challenging times. Practise talking to yourself like you would talk to a friend! What advice would you give if a friend told you they were rubbish at something? What would you say if they felt they wanted to give up?
- 5. Practise mindfulness.** A good way to improve our mental wellbeing is by paying more attention to the present moment and the world around us. Think about sounds and smells around you, what can you see, and how does this make you feel. By being more aware, this can improve our mental wellbeing and enable us to improve skills such as being persistent.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Parent Coaches

Parent Coaches are looking to provide workshops and programmes around parenting and relationships across Warwickshire. These may take place in schools, children and family centres and community venues.

<https://www.eventbrite.co.uk/o/warwickshire-parenting-support-71623337213>



Think before you dip
Staying safe around water

Hot weather can tempt people take to the water to cool down but it's important to take some precautions to stay safe.

The majority of water related incidents occur in the summer months, so Warwickshire Fire and Rescue Service is reminding people how to stay safe when in around water.

Warwickshire has a wide variety of lakes, quarries, canals and rivers, all of which carry hidden dangers. Even on a warm day, the temperature in open water can be very cold, causing cold water shock – a physical reaction that can make it difficult to control breathing, lead to panic and make swimming extremely difficult.

10 Top Tips for Parents and Educators SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

- 1 TAKE PRACTICE JOURNEYS**
Making practice journeys with children is a great way to help them stay safe. They're modelling responsible behaviours and having road safety conversations, which prepare them to travel independently. Add hazard perception activities like spotting specific vehicles – which may have a green number plate – and point out how speed they are. Children learn by watching adults, remind them that their peers might not check for the best side road.
- 2 BE BRIGHT, BE SEEN**
Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear bright or fluorescent clothing. When it's dark, wear reflective clothing or reflective road safe reflective armband or jacket.
- 3 EYES UP**
Encourage children to look up and keep their eyes on the road. Teach them to consistently search for traffic and practice double-checking the road before crossing – looking right, left and their right again.
- 4 LIMIT DISTRACTIONS**
Where possible, devices like phones should be kept away from children when they are on the road. If they're carrying devices, these should be put away when they're near roads. Children must also avoid playing with toys or being distracted by friends. If a hand wants to show them something funny on their phone, there's no time for that once they're safely on the road.
- 5 SLOW DOWN**
Discuss the importance of walking instead of crossing immediately. It can be tricky to judge the speed of traffic and spot vehicles that could cause a trip or a fall. For safety, children should stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should not crossing until they're certain they have plenty of time. Even if traffic seems to be going well, it could be approaching very quickly.
- 6 STOP BEFORE THE KERB**
Teach children to stop before reaching the kerb – not right at the edge of it, looking before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road's edge but ensure they can still see approaching traffic.
- 7 CROSS SAFELY**
Children should always find a safe spot to cross the road, prioritising zebra crossings or pelican crossings, footways and subway. Find a place where they can see traffic coming from both directions. Avoid crossing road between bends in the road, or obstacles that block their view. Instead moving to wherever they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening before crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.
- 8 PARKED VEHICLES**
Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't opened to them, be looking for drivers in the vehicles and listening for engine sounds. – but remember that electric vehicles may move off silently. They should always look back there is a gap between parked vehicles on the other side, so they can reach the pavement.
- 9 REVERSING VEHICLES**
Children must never cross behind a reversing vehicle. It's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound as it's going away? Inside the vehicle.
- 10 WAIT FOR THE BUS TO LEAVE**
When getting off a bus, children must wait for it to leave before crossing as they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

Meet Our Expert
#WakeUpWednesday
The National College

<https://www.facebook.com/www.thenationalcollege>

Community Autism Support Service CASS casspartnership.org.uk

If you live in Coventry or Warwickshire with a diagnosis of autism, or are awaiting a diagnosis, we may be able to help you, your parents or your carer.

You can start by calling the Navigation Team and ask about available support. Our team is made up of autistic individuals and those with lived experience, including parents or carers of autistic individuals.



Clear and timely support across Coventry and Warwickshire



Notices



WE WANTED TO LET YOU KNOW ABOUT RUGBY SECONDARY SCHOOLS' OPEN EVENINGS SUMMER AND AUTUMN 2026

The Headteachers of the Rugby area secondary schools warmly invite all current Year 5 parents and pupils to attend their open evenings in preparation for transfer to secondary school in September 2027. Details of the open evenings are as follows:



Harris Church of England Academy

Tel: (01788) 812549
<https://www.facebook.com/harrisacademyschoolsport>

6pm to 8pm on Thursday, 24th September 2026.

There will be a talk from the headteacher at 6pm and 7pm and tours of the academy. There is no need to book.



The Avon Valley School

Tel: (01788) 542355
<https://www.facebook.com/AvonValleySchool/>

Thursday 17th September 2026

The Headteacher, Blake Francis, will speak at 5.30pm and 6.30pm, followed by tours of the school.

You will need to book these Avon Valley sessions



Bilton High School

email: biltonschool@stowevalley.com
<https://www.facebook.com/BiltonSchoolRugby>

The next main school open evening is on Thursday 1st October.

5.30-7.30pm
(To be confirmed nearer the time)

We will provide updates of other open events as we receive them. Also please check individual school social media pages and websites, some schools require advanced bookings.



Crisis and Resilience Fund

The Crisis and Resilience Fund offers emergency help with essential living costs for low-income households after a sudden financial shock.

To ask about support call Warwickshire's Local Welfare Scheme on 0800 408 1448 or visit:

<https://www.warwickshire.gov.uk/crisisresiliencefund>



Helping children get sorted for school

These moments – from starting school for the first time to preparing for exams and making decisions about what comes next – are exciting, but they can also bring worry and uncertainty.

Support and information are available to help children, young people and families feel confident, prepared and ready for change, whether that is starting school, sitting exams or planning for their future.

<https://www.warwickshire.gov.uk/news/article/7587/helping-children-get-sorted-for-school>



Energy bills are rising by 13% on 1 July

But yours don't have to!

Act on Energy is a free, impartial charity working to support local residents with their energy bills

We have outreach officers in your area who can support you with an in-home assessment of your energy bills, usage and efficiency



0800 988 2881



advice@actonenergy.org.uk



www.actonenergy.org.uk



Recovery & Wellbeing
ACADEMY

Courses for Parents and Carers supporting children and young people's mental health and well-being

Parents and Carers can access a range of courses to support children and young people's mental health and well-being through the Recovery and Wellbeing Academy www.recoveryandwellbeing.co.uk/Courses

From the website please select courses for parents or those caring for children to show the list of course.

Activities

If you are looking to advertise a local afterschool or holiday club in our bulletin, please email the details to : marketing@biltonjuniorschool.co.uk

SUMMER Sounds
LIVE MUSIC • GREAT VIBES • MEMORIES MADE

SATURDAY JULY 11TH
5-8PM
LIVE PERFORMANCE BY

Jazz not Jazz
From swing to soul—timeless music, brilliantly played.

5 PIECE LIVE MUSIC BAND	★ ENTRY PRICES ★
BAR	ADULT £5
BBQ	12-16 YEARS £1
ICECREAM VAN	UNDER 12s FREE

BOOK YOUR TICKETS ONLINE
<https://friends-of-bawnmore.sumupstore.com>

Don't miss it!

AK COACHING

SUMMER Holiday Club
 • Football • Tag Rugby • Frisbee • Dodgeball •
 • Basketball • Netball • Hockey • Tennis •
 • Cricket • Rounders • Gymnastics • Table Tennis •
 PLUS, PLENTY OF OTHER FUN GAMES

20th JULY – 27th AUG
not running 28th AUG & 31st AUG

0900-1600

£17 PER DAY PER CHILD

AGE 5-11

BILTON JUNIOR SCHOOL

BOOK NOW

<https://shorturl.at/LhHcy>

07725 876 612
akcoaching2020@gmail.com

MEDALS, TROPHIES & TSHIRTS TO BE WON

In support of **Guide Dogs**

QUIZ NIGHT

Tuesday 21 July
THE BEAR PUB
BILTON LANE, RUGBY CV23 9DU
Eyes down at 8.00pm

Raffle prizes galore!

Cash prize for winning team

£2.00 PER PERSON
ENROL YOUR TEAM TODAY

TAKE PART IN ONE OF THE MOST EPIC TRIVIA EVENTS OF THE YEAR!

TICKETS ON SALE AT
THE BEAR PUB, BILTON LANE, RUGBY CV23 9DU

FROM £11

KA KITS ACADEMY

SUMMER HOLIDAYS
JULY 20TH - 28TH AUGUST

HAF

RUGBY **RUGBY COLLEGE CV21 1AR**

RUGBY **ROKEBY PRIMARY SCHOOL CV22 5PE**

WHY CHOOSE US!

- 1 ALL INSTRUCTORS DBS CHECKED AND SAFEGAURD TRAINED
- 2 EXPERIENCED & PASSIONATE COACHES
- 3 MULTI HAF LOCATIONS ACROSS WARWICKSHIRE & WASALL
- 4 ALL CHILDREN ACROSS HAF VENUES ARE FED
- 5 FUN & ENGAGING ACTIVITIES
- 6 TRUSTED BY PARENTS & SCHOOLS

BOOK NOW!
TO BOOK PLEASE SCAN YOUR VENUES OR CODE TO SEE THE AMAZING ACTIVITIES WE HAVE TO OFFER OR IF YOU ENQUIRE MORE INFORMATION USE THE NUMBER BELOW.

TELEPHONE: 07772873271

EMAIL: BOOKINGS@KITSACADEMY.COM

GET IN TOUCH
SCAN THE QR CODE TO MESSAGE US VIA WHATS APP DIRECTLY.

Activities

If you are looking to advertise a local afterschool or holiday club in our bulletin, please email the details to : marketing@biltonjuniorschool.co.uk



3 WEEKS TO GO!

TEAM SUPERSPORTS

PRINCETHORPE COLLEGE

SUMMER HOLIDAY CAMP

Bits and Bots Summer Holiday Activities July & August 2026

MON	TUE	WED	THU	FRI	SAT
20 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages	21 Bones and Beyond Forensic Science Workshop 10.30-12.00, 13.00-14.00 FREE! Over 10s	22 Scratch Art Pots Personal Development 10.30-11.30 & 11.30-12.30 £21 All Ages	23 Sensory Spots Personal Development 10.30-11.30 £71 All Ages	24 Robotics Club 10.30-12.00 £201 All Ages 9+	25 Most Wacky the Wonder Dog 13.45-15.45 FREE! All Ages
27 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages	28 Golfputt Printing 10.30-11.30 & 11.30-12.30 £21 All Ages	29 Messy Marble Run 10.30-11.30 & 11.30-12.30 £21 All Ages	30 Robot Hands 10.30-11.30 & 11.30-12.30 £21 All Ages 7+	31 Robot Draw Along with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 £14 All Ages	1 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages
3 Baby Hour 10.30-11.30 FREE! Over 10 Under 16s	4 Robots Workshop with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 £10 All Ages 7+	5 Sorting Superheroes with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 FREE! Over 10s	6 Robot Draw 10.30-11.30 & 11.30-12.30 £21 All Ages 7+	7 Robot Draw Along with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 £14 All Ages	8 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages
10 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages	11 Big Robot Art 10.30-11.30 & 11.30-12.30 £21 All Ages	12 CD Etching 10.30-11.30 & 11.30-12.30 £21 All Ages 10+	13 Printing Club 9.30-10.30 £20 All Ages 10-16	14 Surprised Robots with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 £14 All Ages	15 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages
17 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages	18 Robot Draw Along with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 £14 All Ages	19 CD Etching 10.30-11.30 & 11.30-12.30 £21 All Ages 10+	20 Big Tissue Paper Art 10.30-11.30 & 11.30-12.30 £21 All Ages 7+	21 Paper Engineering with Mrs. Gwyneth 10.30-11.30 & 11.30-12.30 FREE! Over 10s	22 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages
24 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages	25 Outdoor Bubble Play 10.30-11.30 & 11.30-12.30 £21 All Ages	26 Circuit Spinning Art 10.30-11.30 & 11.30-12.30 £21 All Ages 7+	27 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages	28 Most Wacky the Wonder Dog 13.45-15.45 FREE! All Ages	29 Relaxed Hour Personal Development 10.30-11.30 FREE! All Ages

FREE holiday hunts across the building
18 July - 9 August: Mini BOTS Hunt
11 August - 1 September: Treasure Trail

To book visit www.fragm.co.uk/holidayfun
Booking essential and children must be accompanied by an adult
*Adult supervision not required for our day camps

LOVE TO RUN? INTERESTED IN ATHLETICS?

Come and see what we have to offer in Rugby in 2026

JUNIOR ATHLETICS AT R&NAC

Join From Year 3

Come along for a trial month for £15 and see if you like us.

Sessions 5:30-6:30pm all year round Tuesday, Wednesday and Thursday

Contact: janet.randnac@gmail.com

BOOK NOW



QUADKIDS GRAND PRIX

Open for events on 2nd June, 19th July, and 26th August - Year 3 to Year 6 (Competent Year 2's allowed to compete with Year 3's)

Trophies and Medals for best overall performance

Performance Certificates at every event

£10 - 1 date, £18 - 2 dates, £24 - all 3 dates

BOOK NOW



DID YOU KNOW... Our Junior Athletics Team were **1st in the UK Finals in 2025!** Come and share in our success!!!!




HAF Summer 2026



Summer 2026 Key Dates:

Wed 10/06- Sun 14/06: SEND Family Experience applications open

Mon 22/06: Listings go live on www.warwickshire.gov.uk/HAF

Mon 20/07: Summer HAF delivery





BEST START IN LIFE







MAKE BELIEVE A STORY

DRAMA SUMMER CLUB 2026

27th - 31st July 2026, 10am - 4pm
Bawnmore Infant School, Rugby, for ages 9-13 years. £140.

An action-packed week of drama games, improvisation, storytelling and exploring scripts with professional actors. Including exciting workshops in theatrical/TV SFX makeup with award-winning Kate Griffiths, devising & physical theatre with Highly Sprung, and acting for television with Simon Davies.





To book a place please contact us at:
makebelieveastory@gmail.com

For more information please visit our Facebook page: 'Make believe a story'
Website: <https://makebelieveastory.wixsite.com/make-believe-a-story>

Dates and Contact Details

Key Information

School times
School gates open at 8.30am
Doors open at 8.40am
School starts at 8.50am
School closes at 3.30pm

Any child arriving after this time is late and will be marked as such.

If your child is ill or going to be absent please email absent@biltonjuniorschool.co.uk with your Child's NAME AND CLASS with the reason for their absence

School contact details

Office hours are 8.30 - 4.30 each day by phone or email

If you feel you need to meet with a teacher face to face please email the school office office@biltonjuniorschool.co.uk

If you need to talk with a teacher over the phone or have a general enquiry for them please email office@biltonjuniorschool.co.uk.
Our teachers are busy with your children in the classrooms all day, however, they will get back to you as soon as possible

If you would like to share concerns or contact Mrs Smith our Home/School Support worker, please call the office, pop into school or email her directly on homeschoolsupport@biltonjuniorschool.co.uk

If you have specific feedback you would like to give us please email us on feedback@biltonjuniorschool.co.uk

School policy information can be found here:
<http://www.biltonjuniorschool.co.uk/policies>

School Diary Dates 2026

Summer Term

School Closes at 3.30pm Friday 17th July
Teacher Training Day Monday 20th July

Autumn Term

Teacher Training Days Tuesday 1st and Wednesday 2nd September 2026

School Opens Thursday 3rd September 2026
Autumn Half Term Monday 26th - Friday 30th

October

School Opens Monday 2nd November
School Closes 3.30pm Friday 18th December 2026

How can you help your PTA?



PTA EVENT HELPERS

WhatsApp group



This group is JUST for people that can help at events. Those who join can opt out at anytime please just let the PTA team know

Scan or upload this QR code using the WhatsApp camera to join this group

WHEN PLAYING



Rugby Lotto is an exciting weekly lottery that will raise money for BJS

Tickets for the lottery cost just £1 a week. Each ticket has a 1 in 50 chance to win a prize each week

There will be a draw every Saturday night when a six digit winning combination will be picked.

From every £1 ticket sold 60p will go to good causes in Rugby.

<https://www.rugbylotto.org/support/bilton-school-pta-rugby>



SCAN ME

Inspire - Challenge - Achieve

